

# Trevor Browne Lock Down Lesson Plan

## **INSTRUCTIONAL GOAL:**

Students will demonstrate the ability to secure themselves in the classroom or safe haven area during a practical demonstration.

## **ACTION PLAN (student discussion/practice items):**

- Review the “Lockdown Procedures” document with your students. Do not give them a copy. There is a possibility that this document could change, thereby making their copy outdated. Make sure students know that during a lockdown it is imperative that they do what the teacher/staff member says – for their safety and the safety of others.
- Define Shelter In Place and Lockdown and note the difference between the two. Read the description on the Lockdown Procedures form. Discuss some examples of each (Shelter In Place = robber suspected in the neighborhood, dog with rabies running loose. Lockdown = campus intruder with weapon).
  - \* Remember, Shelter In Place – class work continues with the doors locked
  - \* Lockdown – lights off, everyone on the floor, sit in a hard-to-view area, no talking
- Have the students practice a Lockdown by getting from their seats or work stations to the floor against the appropriate wall while the teacher locks the door and turns off the computers. You could assign students to turn off lights, radios, etc. Discuss the benefits of the particular wall that was chosen.
- Once students are sitting on the floor and it is dark, there will be lots of giggling and talking. This is a nervous release. Stay calm and use a calm voice. Explain to them they need to be quiet because their voices could carry to the hallway where the intruder might hear them and decide to come in.
- They will want to know about going to the restroom. Explain there is no restroom release and they need to hold it. Teachers need to think through what they will do if the need to go to the restroom is truly needed. Waste paper baskets, flowerpots, or buckets placed behind a bookshelf, sheet, couch or some type of screen could become an emergency restroom. NO ONE is to leave.
- Address the use of cell phones. No cell phones are to be used while we are in lockdown. Explain that we do not know what is going on and using a cell phone could put people in danger by (1) the light from the phone could be seen from the door or window, (2) their voices could be heard, (3) responding parents could be coming into harms way.
- Remind students that if they are locked outside of their class, they are to make their way to one of the two safe-haven areas – (Cafeteria or the Community Room).

**Debrief:** At the end of the training, ask your students to evaluate what they did and how you or the class could do it better. Practice again if needed.

## **Teacher discussion/practice items:**

- Practice taking roll. Make a note of students who are not on your roll but are physically in your room at that time. If an evacuation is ordered, keep track of whom you have and make sure everyone stays together.
- Stay off the phone. Someone might need to call you. Answer it ONLY if it is perceived safe to do so.
- Practice reading the script on the Lockdown Procedure form in the dark.
- Think about topics to talk (whisper) about during a Lockdown. The idea is to be silent but the situation might get to a point that you need to try to get the students’ minds off of what is transpiring outside.